

## PHACO FELLOWSHIP

### NARAYANA NETHRALAYA

Chairman and MD : **Dr. K Bhujang Shetty**  
Fellowship in charge: **Dr. Mathew Kurian (NN 1)**  
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Dear colleagues and friends,

Cataract surgery is the most commonly performed surgery in ophthalmology. Refinements in surgical technique, coupled with advances in the technology has enabled early visual rehabilitation and raised patient expectations to very high levels. Phacoemulsification is considered as the state of the art technique for cataract surgery.

Unfortunately, lack of exposure to phacoemulsification during residency training and limited availability of good phacoemulsification teaching programs has created a large number of cataract surgeons having to master the technique of phacoemulsification by themselves.

In order to fulfill this lacuna Narayana Nethralaya is happy to start a 2 weeks fellowship in cataract surgery and phacoemulsification.

With warm regards,

Dr. K Bhujang Shetty (Chairman & MD)

Dr. Mathew Kurian (Fellowship in charge)

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**Duration: 2 Weeks**

**Timings : 8.30 AM to 5.30 PM**

**Holidays: Sundays only after having examined the postoperative patients.**

## Fellowship Objectives:

1. To provide a safe and systematic fellowship training experience in phacoemulsification with surgical and wet lab exposure.
2. To give a sound theoretical background to the various aspects of phacoemulsification.

**General Description:** This training experience is set in a superspecialty eye hospital in Bangalore. The Fellowship is characterized by a broad exposure to clinical material and problem situations.

**Clinical Duties:** The Fellow participates in all aspects of our hospital including academic conferences and resident training and is responsible for pre and post operative care of patients operated by the fellows.

**Teaching:** The program is an intense 2 week surgical skills transfer course targeted at ophthalmologists who perform small incision cataract surgery. A fair competence with tunnel, rhexis and hydrodissection is expected. Intense training for nucleus management is given and is supported by didactic lectures, model/animal eye surgery in the wet lab and structured supervised hands-on surgery. The experience and education in phacoemulsification is enhanced by observing senior consultants during surgery.

**Evaluation:** Fellows are asked to complete a self-evaluation document before the commencement of the fellowship. Fellows are evaluated formally at the end of the fellowship. The Ophthalmologist-in-Charge will meet with each Fellow individually to review their performance.

**Application Process:** Interested candidates who have completed ophthalmology residency training or are practicing ophthalmologists in India can send in their CV to: [phaco.fellowship@nnmail.org](mailto:phaco.fellowship@nnmail.org)

Deadline for applications is 6 weeks prior to commencement of the program. In person / telephone interviews are required. Upon confirmation, the candidate must complete registration and pay the necessary fees at least 2 weeks before the date of joining for the fellowship.

**Requirements:** Candidates who have completed their postgraduate degree/ diploma in Ophthalmology may apply.

**Certificate:** A Certificate of completion of the Fellowship will be issued on its successful completion when the training time and other commitments are completed.